

PHYSIOTHERAPY

| | SINGLE | 5 PACK | 10 PACK |
|--|--------|--------|---------|
| Initial Consultation - 45 minutes | \$140 | | |
| Consultation - 45 minutes | \$146 | | |
| Consultation - 30 minutes | \$99 | | |
| Runity: Initial Consultation (60 min) + Program (other options are available) | \$255 | | |

CLINICAL REHAB - BY A PHYSIOTHERAPIST

(Review and reassessment must be booked at least once every 6 months)

| | SINGLE | 5 PACK | 10 PACK |
|---|--------|--------|---------|
| Initial Assessment - 45 minutes | \$140 | | |
| Clinical Rehab Review - 30 minutes | \$99 | | |
| Clinical Rehab Private - 45 minutes | \$146 | \$705 | \$1,345 |
| Clinical Rehab Class - 45 minutes | \$57 | \$250 | \$480 |
| Clinical Rehab Duet - 45 minutes | \$80 | \$380 | \$755 |
| Clinical Conditioning Class - 45 minutes | \$40 | | \$350 |
| Clinical Quickstart Pack (Initial consult + 3 Privates) | \$500 | | |

WOMENS HEALTH CONDITIONING - BY A PHYSIOTHERAPIST

| | SINGLE | 5 PACK | 10 PACK |
|---|--------|--------|---------|
| Mum & Me Rehab Class - 60 minutes | \$57 | \$250 | \$480 |
| Pregnancy Conditioning Class - 45 minutes | \$40 | | \$350 |

PARKINSON'S PROGRAM - BY A PHYSIOTHERAPIST

| | SINGLE | 5 PACK | 10 PACK |
|---------------------------------|--------|--------|---------|
| Initial Assessment - 60 minutes | \$140 | | |
| PD Warrior Review - 45 minutes | \$99 | | |
| PD Warrior Class - 60 minutes | \$20 | | |
| PD Warrior Private - 60 minutes | \$146 | | |

EXERCISE PHYSIOLOGY

Introductory pricing (until 1 oct 2019)

| | SINGLE | 5 PACK | 10 PACK |
|--------------------------------|--------|--------|---------|
| Session - 60 minutes / Initial | \$90 | | \$850 |
| Session - 30 minutes | \$55 | | \$500 |
| Home Visit - 60 minutes | \$110 | | \$1,000 |

STUDIO PILATES - BY AN INSTRUCTOR

(From 1st April 2019 - These prices are inclusive of GST)

| | SINGLE | 5 PACK | 10 PACK |
|---|--------|--------|---------|
| Initial Assessment - 45 minutes | \$99 | | |
| Studio Private - 60 minutes | \$99 | \$475 | \$900 |
| Studio Class - 60 minutes | \$55 | \$240 | \$450 |
| Studio Duet - 60 minutes | \$70 | \$300 | \$500 |
| Studio Quickstart Pack (Initial consult + 3 Privates) | \$350 | | |

FITNESS CLASSES - BY AN INSTRUCTOR

(From 1st April 2019 - These prices are inclusive of GST)

| | SINGLE | 5 PACK | 10 PACK |
|-------------------------------------|--------|--------|---------|
| Express Reformer Class - 45 minutes | \$30 | | \$245 |
| Mat Pilates Class - 60 minutes | \$25 | | \$185 |
| Refined Barre Class - 45 minutes | \$25 | | \$185 |

REMEDIAL MASSAGE / MYOTHERAPY

| | SINGLE | 5 PACK | 10 PACK |
|------------|--------|--------|---------|
| 30 minutes | \$66 | \$300 | \$560 |
| 60 minutes | \$100 | \$480 | \$910 |
| 90 minutes | \$150 | | |